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▪ Neutralizing & conditioning	
List of tools & equipment	Cosmetics
Perm rollers of different sizes	Setting lotion/gel/mouse
Blow dryer (commercial)	Hair spray
Hood dryer	Shampoo
Electric rollers	Straightening creams and
Wire/plastic rollers	neutrizer
Switch	Velocity for perming
Switch hand	
Artificial plaits	
Braids	
Swiggle	
Flower bun	
Curling rod	
Electric press for straightening	
Setting clips, pins, jusa pins,	
decorative pins	
Tail comb	
Roll on brushes of different size	
Tooth comb	
Dummy head with slip on	
Back wash basin	
Dressing out	
Chairs	
Gloves	
Neck tray	

Questions:-

1. Demonstrate the sectioning for putting perms on short hair.
2. Demonstrate at least two types of wraps.
3. Make eight rolls interlock style on hair switch and fix it on the head.
4. Make a French braid.

Hair Colourist

Name : Hair colourist
Sector : Beauty Culture & Hair Dressing
Course Code : BEA206
Duration : 60 hrs.
Entry qualification : 8th Standard & 14 years of age,
MES Modules on Basics of Beauty and Hair Dressing

Terminal competency : Successful candidate would be able to providing hair coloring service to add colour to the hair, to permanently change the hair colour and create highlight and lowlight effects in hair.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none">▪ Analysis of scalp and hair▪ Understanding and working with various types of temporary, semi permanent & permanent hair colours▪ Patch test for allergy▪ Selection of colour▪ Strand test/ Predisposition Test▪ Preparation of trolley and client▪ Mixing of colour▪ Application of hair colour – veg & Chemical▪ Rinse off colour▪ Application of hair conditioner▪ Types of Lighteners▪ Special effects with hair colouring<ul style="list-style-type: none">❖ Streaking❖ Frosting❖ Tipping❖ Blonde-on-blonde❖ Hi fashion/Hi lightening techniques	<ul style="list-style-type: none">▪ Basic law of colour▪ Classification of hair colour▪ Points to be considered before using hair colouring products▪ Allergy test▪ Predisposition Test▪ Harmful effects of various colours▪ Precautions for both veg and chemical dye

List of tools & equipment	Cosmetics
Dye brush	Shampoo
Plastic bowl	Conditioner
Setting clips	Talcum powder
Towels	Colours
Black gown	Cotton
Tail comb	Protective cream
Gloves	
Head dryer	
Aluminium foil	
Shower cap	
Crochet needle for streaking	

Questions:-

1. Prepare a client for patch test and give colour application to check the sensitivity.
2. Demonstrate sectioning for applying hair colour.
3. Demonstrate chemical dye on full head
4. Give the latest hifashion effects of highlighting with streaking method.
5. Give Hi fashion effect on hair ends for a client having Boy cut.

Hair cutting Specialist

Name : Hair cutting Specialist
Sector : Beauty Culture & Hair Dressing
Course Code : BEA207
Duration : 120 hrs
Qualification : 8th Standard & 14 years of age,
 MES Modules on Basics of Beauty and Hair Dressing

Terminal competency: Successful candidates should be able to select and adopt techniques for cutting hair of all types. A candidate should be able to create design with various cutting and styling techniques.

Practical Competencies	Underpinning Knowledge (Theory)
<ul style="list-style-type: none"> ▪ Sterilizing of tools & implements ▪ Preparation of trolley & clients for giving a hair cut ▪ Select design according to hair texture and face shape of the client ▪ Sectioning and blocking the hair according to required hair cut ▪ Sectional for top, crown, nape and sides for achieving desired effects ▪ Sub sections or Partings ▪ Practice in holding comb and shears ▪ Practice of hair cutting on dummies and live models ▪ Basic hair cutting for short, medium & long length hair ▪ Practice in cutting hair with <ul style="list-style-type: none"> ❖ razor ❖ clippers ❖ thinning shears ▪ Boy cut ▪ Blunt cut ▪ Deep U ▪ Shallow U ▪ Cutting for layered effect ▪ Mushroom cut ▪ Wedge cut ▪ Men's cut 	<ul style="list-style-type: none"> ▪ Knowledge of hair texture ▪ Types of hair ▪ Sectioning for a hair cut ▪ Knowledge about shears and comb ▪ Knowledge of elevations ▪ Different types of basic hair cut ▪ Safety and precautions during hair cutting

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List of tools and equipment	Cosmetics
Scissors	Shampoo
Comb	Conditioner
Tail comb	Hair setting lotion
Cutting sheets	
Razor	
Setting clips	
Spray bottle	
Neck strip	
Dryer	
Hair brush	
Clipper	

Questions:-

1. Demonstrate sectioning for basic hair cutting
2. Demonstrate veg cut on a dummy
3. How do you hold scissors and comb while cutting hair – show
4. Demonstrate elevation for giving a step cut
5. Demonstrate blunt cut

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MODULES

Basics of Beauty and Hair Dressing

Name	:	Basics of Beauty and Hair Dressing
Sector	:	Beauty culture and Hair Dressing
Course Code	:	BEA101
Qualification	:	Minimum 8th Standard & 14 years of age
Duration	:	150hrs

Terminal Competency: Successful candidates would be able to work as an assistant for providing basic beauty and hair dressing services in threading manicure, pedicure, facial, bleaching and decorate hands and feet. This course would also help in developing professional ethics, basic use of equipment, safe-working methods and up keeping of work place.

Skill	Knowledge
<p>Safety Precautions</p> <ul style="list-style-type: none"> ▪ Practice in safe working procedures and observe the necessary precautions. Observe safety procedures when handling electrical equipment ▪ Basic first aid for cuts and burns ▪ Maintain good house keeping <p>Sterilization and Sanitation</p> <ul style="list-style-type: none"> ▪ Procedure of sterilization and sanitation ▪ Chemical sanitizing and sterilizing agents ▪ Public sanitation <p>Professional Ethics</p> <ul style="list-style-type: none"> ▪ A professional attitude towards client ▪ Communication skill <p>Manicure and Pedicure</p> <ul style="list-style-type: none"> ▪ Identify, select and arrange tools and equipment for manicure and pedicure. ▪ Preparation of client for manicure and pedicure ▪ Perform manicure/pedicure by cleaning, shaping, moisturizing, massaging and polishing with nail polish. ▪ Practice of putting Mehandi on hands and feet with cone, stick and fingers (for different occasion) ▪ Practice of putting sticker mehendi, colourful sparkle mehendi, kundan mehendi and mehendi with block 	<ul style="list-style-type: none"> ▪ Importance of safe handling of inflammable oil, cosmetics, material and equipment ▪ Safety and health regulations ▪ Personal Hygiene ▪ Protective clothing and equipment ▪ Good house keeping ▪ First aid treatment for burns, minor cuts, foreign body in the eye including chemicals. ▪ Desirable qualities for good human relation ship ▪ Importance and qualities of a pleasing personality ▪ Importance of good ethics ▪ Various nail shapes for hands and feet ▪ Importance for identifying nail disease & disorder ▪ Meaning of superfluous hair

Removal of superfluous hair

- Identify various types of hair removal treatments
- Carry out various procedures for superfluous hair removal
- Remove hair using: Temporary method/depilatory

Eye Brow Shaping

- Removing hair with thread
- Removing hair with tweezer
- Measurement of eyebrows for correct length and arch
- Cleaning of eyebrows
- Shaping of Eye brows

Bleaching

- Preparation of client and trolley for bleaching
- Preparation of bleach pack
- Practice of allergy test for bleaching
- Cleansing of face prior to bleaching
- Practice in application of bleaching pack

Uses of various types of Bleaches

Hair

- Application of oil
- Practice of different types of manipulation
- Preparation of client and trolley for shampooing
- Use of shampoos and rinses

Hair cutting

- Practice of holding scissors and comb
- Sectioning procedure for hair trimming and for blunt cut
- Practice of trimming and blunt cut
- Practice of cutting wet and dry hair
- Drying and setting hair with hand dryer

Hair colouring

- Analysis of scalp and hair
- Skin test/Patch test
- Practice of application of hair colour - vegetable & chemical dyes.

- Causes of superfluous hair
- Methods of hair removal
 - ❖ Epilation - waxing, threading
 - ❖ Depilation - Chemical

Methods of bleaching facial and body hair -

- ❖ Powder bleach
- ❖ Cream bleach

Importance of allergy test

- Types of hair
- Importance and benefits of scalp massage
- Types of shampoos and rinses

- Knowledge of hair texture
- Correct use of cutting equipments
- Factors to be considered while cutting wet and dry hair
- Different techniques for styling hair
- Blow drying - sectioning

- Basic law of hair colour
- Classification of hair colour
 - Temporary colour
 - Permanent colour
- Allergy test

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Cosmetics	List of tools and equipment
Shampoo	Wax heater
Disinfectants	Trolleys
Nail colours	Bleach brush
Powder bleach	Bowls
Cream bleach	Spatula
Cold wax	Facial Steamer
Hot wax	Black head remover
Hydrogen Peroxide	Manicure set
Acetone	Pedicure set
Base coat	Pedicure tub
Cuticle softener	Chowkies
Henna	Stools
Design blocks	Facial bed
Glitters	Manicure tables
Thread	Tweezer
Talcum powder	Scissors
	Sterling units
	Foot scraper
	Slithering Shears Comb
	Tail comb
	Setting clips
	Hair cutting Hair cutting Sheet
	Scissors
	Clipper
	Dye brush
	Plastic bowl
	Hot and cold spray unit
	Back wash chair
	Dressing out chairs

Question Bank:

1. Demonstrate bleaching of face
2. Demonstrate step-by-step manicure procedure
3. Measure Eyebrows for correct length and height
4. Prepare a bleach pack and demonstrate allergy test
5. Decorate hands with mehendi
6. Demonstrate blunt cutting on short hair
7. Prepare client for scalp massage and give basic manipulation
8. Demonstrate sectioning for blunt cut
9. Prepare trolley for hair coloring service
10. Demonstrate hair shampooing for long hair